

IWG
MELBOURNE 2011



26th Meeting of the International Work Group on Death, Dying and Bereavement 2011

23rd - 28th October 2011
Melbourne, Australia

Hosted by:



australian centre
for **grief** and
bereavement

IWG MEETING PROGRAM



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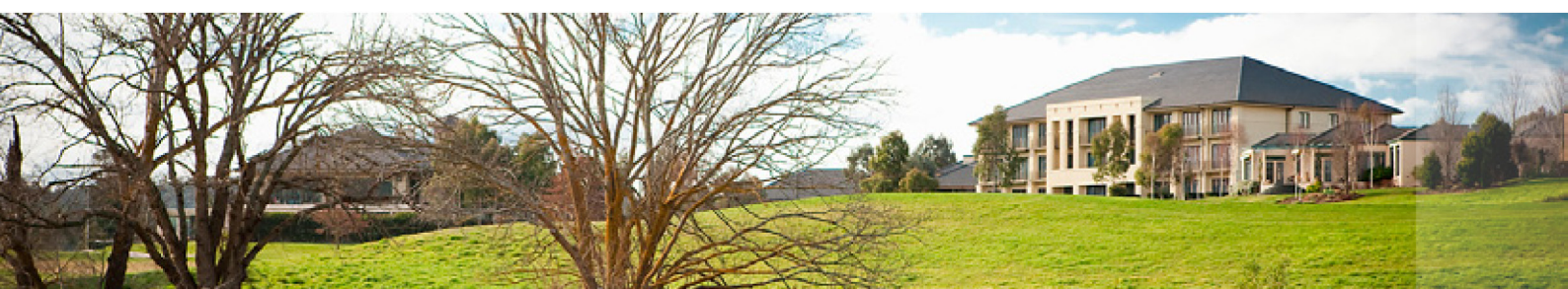


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October 2011

Dear IWG colleagues

Welcome to Melbourne, Australia and to the 2011 meeting of the International Workgroup on Death, Dying and Bereavement (IWG).

Melbourne offers natural beauty, cosmopolitan flavour and a rich heritage to visitors and was recently named as the world's most liveable city. This was based upon political and social stability, crime rates, access to quality health care, cultural events, the environment, education and the standard of infrastructure.

Our meeting venue, which is located in the Yarra Valley (45 mins from Melbourne's CBD), is nestled in the heart of the birthplace of the Victorian wine industry and is surrounded by stunning scenery. We are confident that this setting will provide a relaxing and reflective environment for us all.

We have planned a program that has at its centre the workgroup experience, but also goes further, providing opportunities to reflect on issues that impact upon the IWG, Australia, and the world more broadly. There will be many opportunities to sample Australian hospitality. We will learn about Australia's rich indigenous culture and experience close-up encounters with some of Australia's unique and endearing wildlife, including koalas, kangaroos, wombats, emus, dingoes, birds of prey and platypuses.

It is hoped that the natural beauty of the setting will inspire and stimulate our thinking and our enjoyment of one another's company.

I would like to thank the other members of the organising committee and the staff of the Australian Centre for Grief and Bereavement for their invaluable support in making this meeting possible. I would also like to thank the Department of Health (Victoria) for their financial support.

In welcoming you I hope that our time together will provide an opportunity to renew friendships, to stimulate our thinking and to enjoy the company of friends as we listen, talk and laugh together.



Welcome to Melbourne!

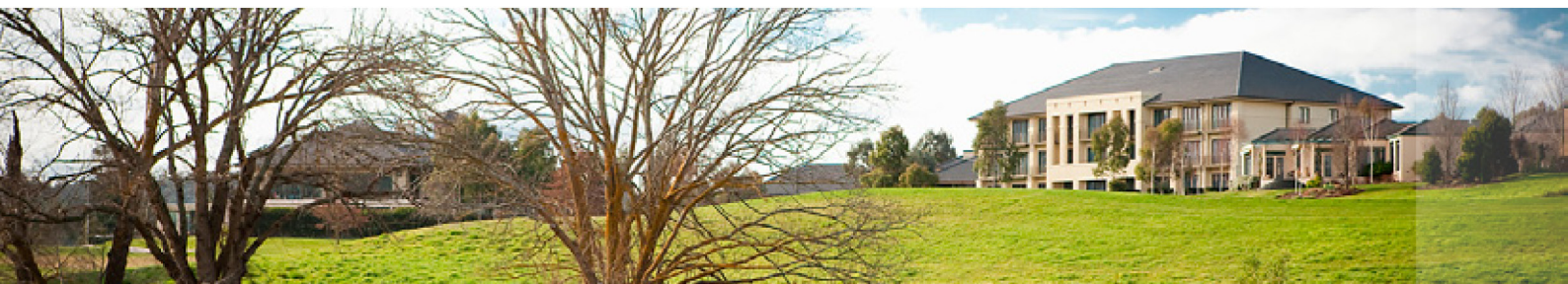
Christopher Hall

Chair, IWG

Chair, Melbourne 2011 Organising Committee

Where We've Been: IWG Meeting History

MEETING	DATE AND LOCATION	IWG ORGANISER
IWG I	November 14–19, 1974 COLUMBIA, Maryland, USA.	Dr John Fryer
IWG II	June 8–12, 1978 NEW HAVEN, Connecticut, USA.	Dr John Fryer
IWG III	January 2–6, 1979 ASILOMAR, Monterey, California, USA.	Dr John Fryer
IWG IV	June 21–25, 1979 CANTRACON, Quebec, Canada.	Dr Balfour Mount
IWG V	January 2–6, 1981 ASILOMAR, Monterey, California, USA.	Dr John Fryer
IWG VI	June 20–24, 1982 ROSENON, Dalara, Sweden.	Dr Loma Feigenberg
IWG VII	February 24–26, 1984 BANFF, Alberta, Canada.	Dr William Lamers
IWG VIII	August 7–23, 1985 WUHAN, China, and TOKYO, Japan.	Paul and Ida Martinson
IWG IX	June 15–20, 1986 LONDON, Ontario, Canada.	Dr John Morgan
IWG X	June 15–18, 1987 LONDON, England.	Dr Cicely Saunders
IWG XI	January 2–7, 1989 ASILOMAR, Monterey, California, USA.	Dr William Lamers
IWG XII	June 14–19, 1990 OSLO, Norway.	Dr Ulla Qvarnstrom



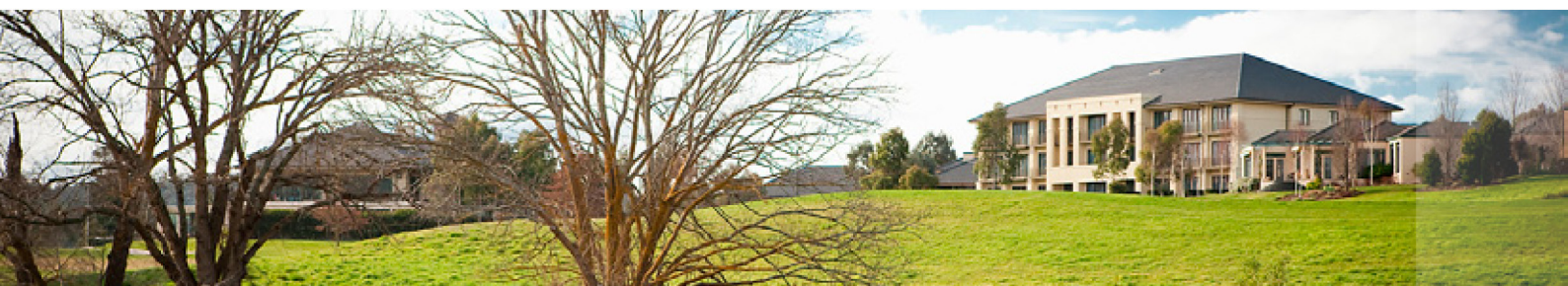


MEETING	DATE AND LOCATION	IWG ORGANISER
IWG XIII	March 15–20, 1992 ALBUFEIRA/MONTECHORO, Portugal.	Dr John Morgan
IWG XIV	May 11–16, 1993 LONDON, Ontario, Canada.	Dr John Morgan
IWG XV	June 25–30, 1995 OXFORD, England.	Dr John Morgan
IWG XVI	October 29–November 4, 1996 DELPHI, Greece.	Dr Danai Papadatou
IWG XVII	July 19–24, 1998 SYDNEY, Australia.	Dr Michael Stevens
IWG XVIII	September 25–30, 1999 BOULDER, Colorado, USA.	Dr Marcia Latanzi-Licht
IWG XIX	June 10–15, 2001 MAASTRICHT, The Netherlands.	Dr Herman van der Kloot Meijburg
IWG XX	September 24–30, 2002 OS/BERGEN, Norway.	Ms Britt Hysing-Dahl
IWG XXI	March 28–April 2, 2004 TUCSON, Arizona, USA.	Mr Bob and Ms Marcy Wrenn
IWG XXII	December 4–9, 2005 HONG KONG, China.	Dr Cecilia Chan
IWG XXIII	June 17–22, 2007 SAO PAULO, Brasil.	Dr Maria-Helena Franco
IWG XXIV	September 21–26, 2008 PROVINCETOWN, Massachusetts, USA.	Dr Carol Wogrin
IWG XXV	May 9–14, 2010 BERGISCH GLADBACH, Germany.	Mr Fritz Roth
IWG XXVI	October 23–28, 2011 MELBOURNE, Australia.	Mr Christopher Hall



IWG Board

BOARD POSITION	NAME/COUNTRY	TERM EXPIRATION/EMAIL
CHAIR	Mr Christopher Hall Australia	Post-Victoria, Canada, 2013 c.hall@grief.org.au
VICE-CHAIR	Dr Maria-Helena Franco Brasil	Post-Melbourne, Australia, 2011 mhfranco@pucsp.br
SECRETARY/ TREASURER	Dr Stephen Fleming Canada	Post-Victoria, Canada, 2013 sfleming@yorku.ca
MEMBERS	Dr Tom Attig Canada	Post-Victoria, Canada, 2013 tattigca@earthlink.net
	Dr Colin Murray Parkes England/UK	Post-Melbourne, Australia, 2011 cmparkes@aol.com
	Dr Cecilia Chan China	Post-Melbourne, Australia, 2011 cecichan@hku.hk
	Ms Britt Hysing-Dahl Norway	Post-Melbourne, Australia, 2011 dbh-dahl@online.no
	Ms Irene Renzenbrink Canada	Post-Victoria, Canada, 2013 irenz@yahoo.com
	Dr Carol Wogrin USA	Post-Victoria, Canada, 2013 cwogrin@mountida.edu
	Mr Bob Wrenn USA	Post-Melbourne, Australia, 2011 bobwrenn7@comcast.net





BOARD POSITION	NAME/COUNTRY	EMAIL
NEWLY ELECTED MEMBERS	Dr Jane Skeen New Zealand	JaneS@adhb.govt.nz
	Dr Nancy Hogan USA	nhogan@luc.edu
	Dr Phil Carverhill Canada	Drphil.carverhill@shaw.ca
	Dr William (Scott) Long USA	wscott.long@yale.edu
	Mr Fritz Roth Germany	fritz.roth@puetz-roth.de



Waltzing Matilda By Andrew Barton "Banjo" Patterson, 1895



*Once a jolly swagman camped by a billabong
Under the shade of a coolibah tree,
And he sang as he watched and waited till his billy boiled
"You'll come a-Waltzing Matilda, with me"*

*Waltzing Matilda, Waltzing Matilda
"You'll come a-Waltzing Matilda, with me"
And he sang as he watched and waited till his billy boiled,
"You'll come a-Waltzing Matilda, with me".*

*Down came a jumbuck to drink at that billabong,
Up jumped the swagman and grabbed him with glee,
And he sang as he shoved that jumbuck in his tucker bag,
"You'll come a-Waltzing Matilda, with me".*

*Waltzing Matilda, Waltzing Matilda
"You'll come a-Waltzing Matilda, with me"
And he sang as he shoved that jumbuck in his tucker bag,
"You'll come a-Waltzing Matilda, with me".*

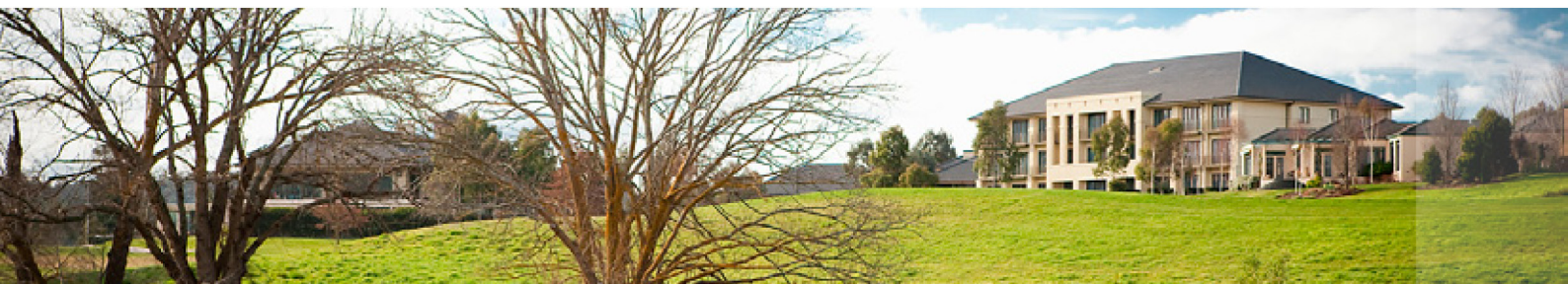
*Up rode the squatter, mounted on his thoroughbred,
Down came the troopers, one, two, three,
"Where's that jolly jumbuck you've got in your tucker bag?"
"You'll come a-Waltzing Matilda, with me".*

*Waltzing Matilda, Waltzing Matilda
"You'll come a-Waltzing Matilda, with me"
"Where's that jolly jumbuck you've got in your tucker bag?",
"You'll come a-Waltzing Matilda, with me".*



*Up jumped the swagman and sprang into the billabong,
"You'll never take me alive", said he,
And his ghost may be heard as you pass by that billabong,
"You'll come a-Waltzing Matilda, with me".*

*Waltzing Matilda, Waltzing Matilda
"You'll come a-Waltzing Matilda, with me"
And his ghost may be heard as you pass by that billabong,
"You'll come a-Waltzing Matilda, with me".*





My Country **By Dorothea MacKellar, 1904**

*The love of field and coppice,
Of green and shaded lanes.
Of ordered woods and gardens
Is running in your veins,
Strong love of grey-blue distance
Brown streams and soft dim skies
I know but cannot share it,
My love is otherwise.*



*I love a sunburnt country,
A land of sweeping plains,
Of ragged mountain ranges,
Of droughts and flooding rains.
I love her far horizons,
I love her jewel-sea,
Her beauty and her terror –
The wide brown land for me!*



*A stark white ring-barked forest
All tragic to the moon,
The sapphire-misted mountains,
The hot gold hush of noon.
Green tangle of the brushes,
Where lithe lianas coil,
And orchids deck the tree-tops
And ferns the warm dark soil.*

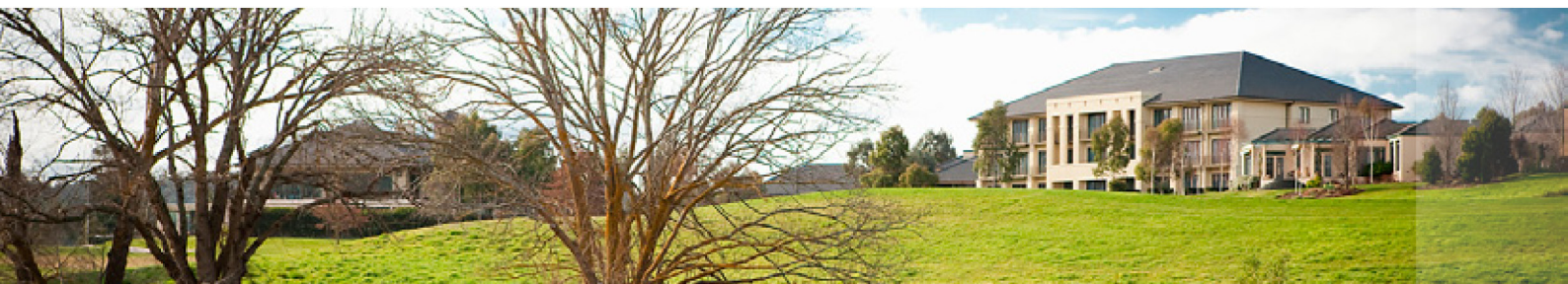
*Core of my heart, my country!
Her pitiless blue sky,
When sick at heart, around us,
We see the cattle die -
But then the grey clouds gather,
And we can bless again
The drumming of an army,
The steady, soaking rain.*

*Core of my heart, my country!
Land of the Rainbow Gold,
For flood and fire and famine,
She pays us back threefold -
Over the thirsty paddocks,
Watch, after many days,
The filmy veil of greenness
That thickens as we gaze.*



Herman Feifel Award Recipients

2004	Jeanne Quint Benoliel	Tucson, USA
2005	Florence Wald	Hong Kong, China
2007	Robert Fulton	Sao Paulo, Brasil
2008	Balfour Mount	Provincetown, USA
2010	William Worden	Bergisch Gladbach, Germany



IWG Meeting – Melbourne 2011

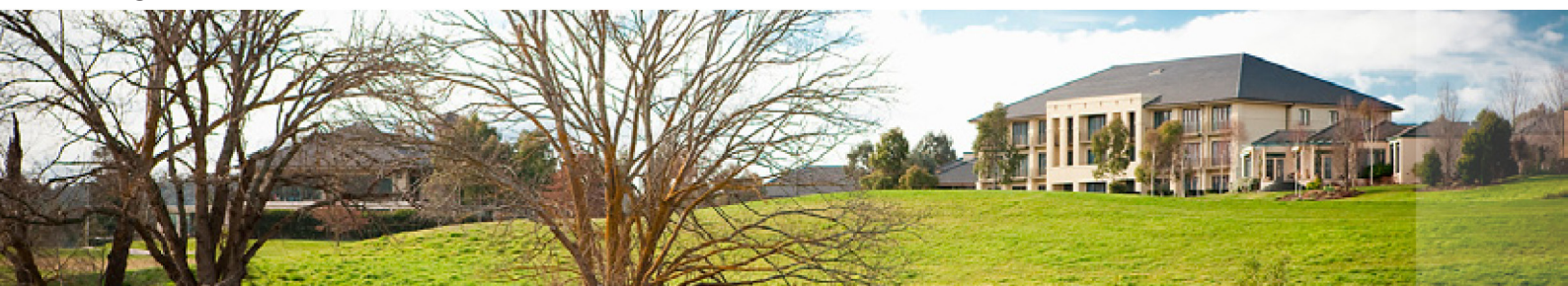
Daily Schedule

Sunday 23rd October 2011

TIME	ACTIVITY	DETAILS	LOCATION
2.00–5.00 pm	Meeting arrival/ registration Accommodation check in	Delegates will be registered and provided with meeting satchel, information, handbook, etc. Accommodation rooms will be allocated.	Foyer area
4.30–5.00 pm	Orientation	Guests and Member Candidates	Elham
5.00–6.00 pm	Welcome reception	All delegates are invited to attend for drinks and canapés.	Conservatory
6.15–7.15 pm	Official welcome and opening	Aboriginal elder Murrundindi will offer the official welcome to country. Murrundindi is a member of the Wurundjeri and a direct descendent of Be-be- jern, Nurungaeta (King) of the Wurundjeri, who signed the 1835 treaty with John Batman. Music will be provided by the Nicholas Chamber Orchestra.	Marmion I
7.15–9.00 pm	Dinner	Buffet meal to be held in the dining area of the Sebel Heritage.	Yarra Restaurant
9.00–10.30 pm	Workgroup discussion and allocation	Work groups to be discussed and allocated.	Marmion I
	End of day	Delegates are able to enjoy drinks*, music and song in the Lodge Bar. <i>* Drinks available at bar prices.</i>	Lodge Bar

Monday 24th October 2011

TIME	ACTIVITY	DETAILS	LOCATION
6.30–10.30 am	Breakfast	Breakfast for all delegates and guests.	Bella Restaurant
7.15–7.45 am	Beginner/Refresher Meditation	This session is for those who may have little experience in meditation and who wish to know the basics. The session will cover the principles of mindfulness and how to start the practice of meditation.	Angora Room
8.15–8.45 am	Morning Reflections	Begin each day with a quiet time of reflection and contemplation using music, images and readings to nurture the soul and spirit.	Angora Room
9.00–10.30 am	Workgroup 1	All delegates attend allocated workgroup.	Locations to be confirmed
10.30–11.00 am	Morning tea	All delegates and guests.	Conservatory
11.00–12.30 pm	Plenary 1	<i>Palliative care and advanced care planning – An Australian perspective</i> Amanda Bolleter Acting Manager Palliative Care Department of Health Victoria	Marmion 1
12.30–2.00 pm	Lunch	All delegates and guests.	Conservatory
2.00–3.30 pm	Workgroup 2	All delegates attend allocated workgroup.	Locations to be confirmed
3.30–4.00 pm	Afternoon tea	All delegates and guests.	Conservatory



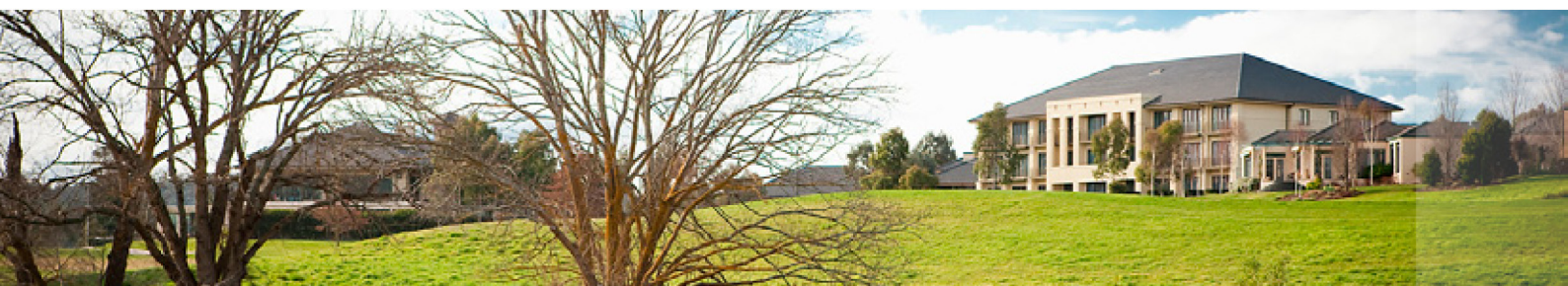


TIME	ACTIVITY	DETAILS	LOCATION
4.00–5.30 pm	Workgroup 3	All delegates attend allocated workgroup.	Locations to be confirmed
5.30–7.00 pm	Free time	All delegates and guests.	
7.00–9.00 pm	Dinner	Buffet dinner at the Sebel Heritage Yarra Valley for all delegates and guests. <i>* Drinks available at bar prices.</i>	Yarra Restaurant
8.30–10.15 pm	Grief and loss in Australian cinema: <i>The Tree</i> Running time: 100 mins	The O’Neill’s lived happily in their house in the Australian countryside. Until fate struck blindly, taking the life of Peter, leaving his grief-stricken wife Dawn alone with their four children. Among them, eight-year-old Simone denies this reality. She is persuaded that her father still lives in the giant fig tree growing near their house and speaks to her through its leaves. But the tree becomes more and more invasive and threatens the house. It must be felled. Of course, Simone won’t allow this ...	Marmion 1
	End of day	Delegates are able to enjoy drinks*, music and song in the Lodge Bar. <i>* Drinks available at bar prices.</i>	Lodge Bar



Tuesday 25th October 2011

TIME	ACTIVITY	DETAILS	LOCATION
6.30–10.30 am	Breakfast	Breakfast for all delegates and guests.	Bella Restaurant
7.15–7.45 am	Silent Meditation	These sessions will provide a quiet space for the practice of meditation.	Angora Room
8.15–8.45 am	Morning Reflections	Begin each day with a quiet time of reflection and contemplation using music, images and readings to nurture the soul and spirit.	Angora Room
9.00–10.30 am	Workgroup 4	All delegates attend allocated workgroup.	Locations to be confirmed
10.30–11.00 am	Morning tea	All delegates and guests.	Conservatory
11.00–12.30 pm	Workgroup 5	All delegates attend allocated workgroup.	Locations to be confirmed
12.30–1.30 pm	Lunch	All delegates and guests.	Conservatory
1.30–2.00 pm	Group photo	All delegates to assemble for a group photo.	Location to be confirmed
2.00–3.30 pm	Plenary 2	<i>Disasters – Local and global perspectives</i> Panel discussion Chair: Colin Murray Parkes Perspectives from Australia, New Zealand and Japan.	Marmion I
3.30–4.00 pm	Afternoon tea	All delegates and guests.	Conservatory



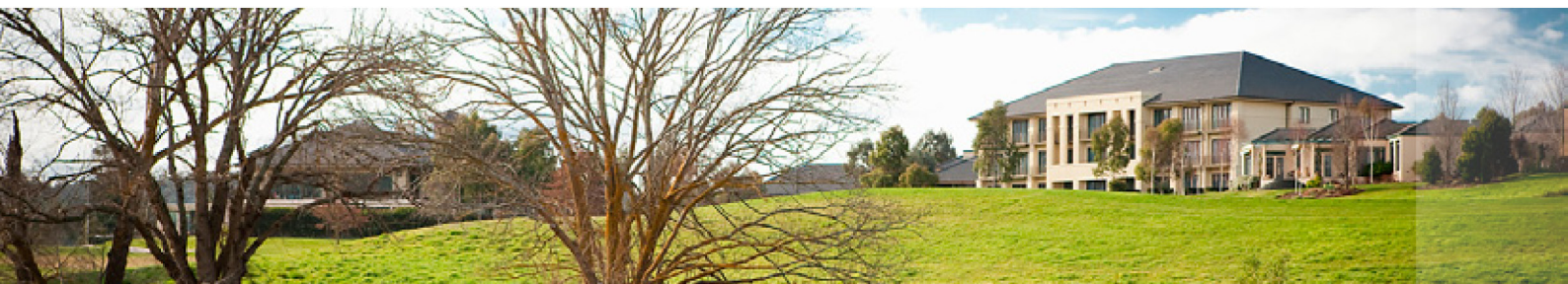


TIME	ACTIVITY	DETAILS	LOCATION
4.00–5.30 pm	Workgroup 6	All delegates attend allocated workgroup.	Locations to be confirmed
5.30–6.00 pm	Herman Feifel Award	Presentation of the Herman Feifel Award.	Marmion I
6.00–7.30 pm	Works in Progress	Works in Progress presentations. <i>* Further information provided in handbook.</i>	See pages 22-33 in this program
7.30–9.30 pm	Dinner	Buffet dinner at the Sebel Heritage Yarra Valley for all delegates and guests. <i>* Drinks available at bar prices.</i>	Yarra Restaurant
9.00–10.45 pm	Grief and loss in Australian cinema: <i>Rabbit Proof Fence</i> Running time: 94 mins	Western Australia, 1931. Government policy includes taking half-caste children from their Aboriginal mothers and sending them a thousand miles away to what amounts to indentured servitude, to ‘save them from themselves’. Molly, Daisy and Grace (two sisters and a cousin who are 14, 10, and 8) arrive at their Gulag and promptly escape, under Molly’s lead. For days they walk north, following a fence that keeps rabbits from settlements, eluding a native tracker and the regional constabulary.	Marmion 1





TIME	ACTIVITY	DETAILS	LOCATION
		<p>Their pursuers take orders from the government's 'chief protector of Aborigines', A. O. Neville, who is blinded by Anglo-Christian certainty, evolutionary world view, and conventional wisdom.</p> <p>Can the girls survive?</p>	
	End of day	<p>Delegates are able to enjoy drinks*, music and song in the Lodge Bar.</p> <p><i>* Drinks available at bar prices.</i></p>	Lodge Bar



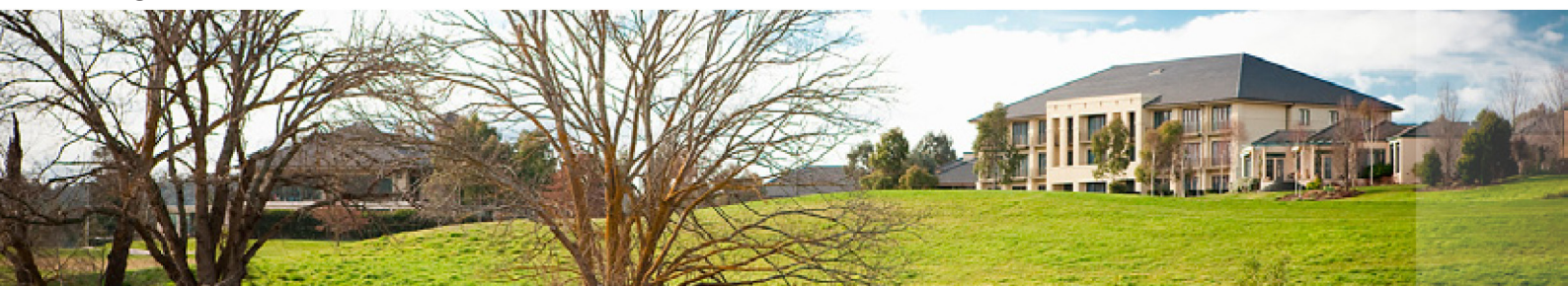


Wednesday 26th October 2011

TIME	ACTIVITY	DETAILS	LOCATION
6.30–10.30 am	Breakfast	Breakfast for all delegates and guests.	Bella Restaurant
7.15–7.45 am	Silent Meditation	These sessions will provide a quiet space for the practice of meditation.	Angora Room
8.15–8.45 am	Morning Reflections	Begin each day with a quiet time of reflection and contemplation using music, images and readings to nurture the soul and spirit.	Angora Room
9.00–10.30 am	Workgroup 7	All delegates attend allocated workgroup.	Locations to be confirmed
10.30–11.00 am	Morning tea	All delegates and guests.	Conservatory
11.00–12.30 pm	Workgroup 8	All delegates attend allocated workgroup.	Locations to be confirmed
12.30–1.30 pm	Lunch	All delegates and guests.	Conservatory
1.30–5.30 pm	Half-day excursions	<p>All delegates and guests attend half-day excursions.</p> <p>See following page for details.</p> <p>Notes:</p> <p><i>Please wear comfortable clothing and footwear.</i></p> <p><i>If you have not indicated your excursion preference on your registration form, please inform conference organisers on arrival at meeting registration.</i></p>	All delegates and guests are to be assembled at bus pick-up point by 1.30 pm.



TIME	ACTIVITY	DETAILS	LOCATION
1.30–5.30 pm	Half-day excursions (continued)	<p>Option 1: Healesville Sanctuary</p> <p>Healesville Sanctuary is one of Australia’s most acclaimed wildlife sanctuaries, showcasing more than 200 species of Australian wildlife. Here visitors can experience close-up encounters with some of Australia’s most unique and captivating wildlife, including koalas, kangaroos, wombats, emus, dingoes, birds of prey and platypuses.</p> <hr/> <p>Option 2: Yarra Valley Winery Tour</p> <p>Our private group will visit two wineries for tastings and enjoy afternoon tea with a glass of wine at an award-winning restaurant offering lovely views across vineyards and the Yarra Valley. The day includes a guided tour of the world-renowned wine estate, Domaine Chandon, which will explain the winery’s specialised winery process, and the art of blending.</p> <hr/> <p>Option 3*: Visit to TarraWarra Museum of Art and Healesville Glass Blowing Studio</p> <p>Since opening its doors to the public on the 18th December, 2003, the TarraWarra Museum of Art has been one of the cultural jewels in the Yarra Valley, providing visitors with a relaxing and enjoyable experience comprising stunning architecture, beautiful landscape and a wealth of modern and contemporary art to absorb.</p> <p>Spend the remainder of the afternoon watching internationally renowned artists at work in the ancient art of glass blowing at the Healesville Glass Blowing Studio.</p> <p><i>* Please note: Due to unforeseen circumstances, this option varies from that originally advised. We apologise for any inconvenience.</i></p>	



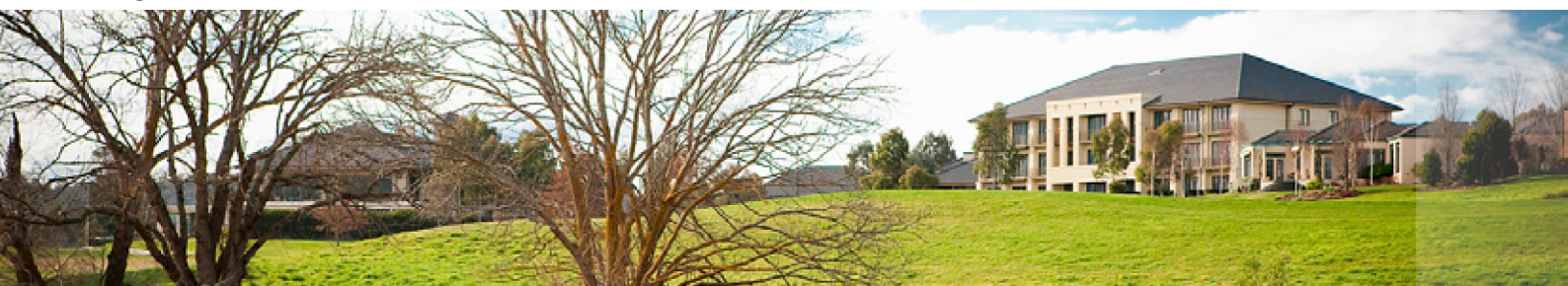


TIME	ACTIVITY	DETAILS	LOCATION
5.30 pm	Evening at Healesville Sanctuary	All groups come together at Healesville Sanctuary for an evening of fun.	Healesville Sanctuary – Brolga room
6.15–6.45 pm	Animal experience	A great opportunity to get up close and personal with some native Australian animals.	Healesville Sanctuary – Brolga room
7.00 pm	Murrindindi	Murrindindi will join us for the evening. He will give us insight into his connection to this part of the land, along with a boomerang throwing demonstration. Weather permitting, you will also have a chance to practise your new skill. You will also have an opportunity to hear Murrindindi play the didgeridoo.	Healesville Sanctuary – Brolga room
7.30–9.30 pm	Dinner	BBQ Buffet dinner at the Healesville Sanctuary for all delegates and guests.	Healesville Sanctuary – Brolga room
9.30–10.00 pm	Return to venue	Depart Healesville Sanctuary, return to Sebel Heritage Yarra Valley.	
	End of day	Delegates are able to enjoy drinks*, music and song in the Lodge Bar. <i>* Drinks available at bar prices.</i>	Lodge Bar



Thursday 27th October 2011

TIME	ACTIVITY	DETAILS	LOCATION
6.30–10.30 am	Breakfast	Breakfast for all delegates and guests.	Bella Restaurant
7.15–7.45 am	Silent Meditation	These sessions will provide a quiet space for the practice of meditation.	Angora Room
8.15–8.45 am	Morning Reflections	Begin each day with a quiet time of reflection and contemplation using music, images and readings to nurture the soul and spirit.	Angora Room
9.00–10.30 am	Workgroup 9	All delegates attend allocated workgroup.	Locations to be confirmed
10.30–11.00 am	Morning tea	All delegates and guests.	Conservatory
11.00–12.30 pm	Plenary 3	<i>The future directions of IWG</i> Christopher Hall and Stephen Fleming facilitate a discussion on the future directions of the IWG.	Marmion I
12.30–2.00 pm	Lunch	All delegates and guests.	Conservatory
2.00–3.30 pm	Workgroup 10	All delegates attend allocated workgroup.	Locations to be confirmed
3.30–4.00 pm	Afternoon tea	All delegates and guests.	Conservatory
4.00–4.30 pm	“A Time to Remember” Memorial service	A commemoration of deceased IWG members.	Marmion I
4.30–7.00 pm	Free time	All delegates and guests.	



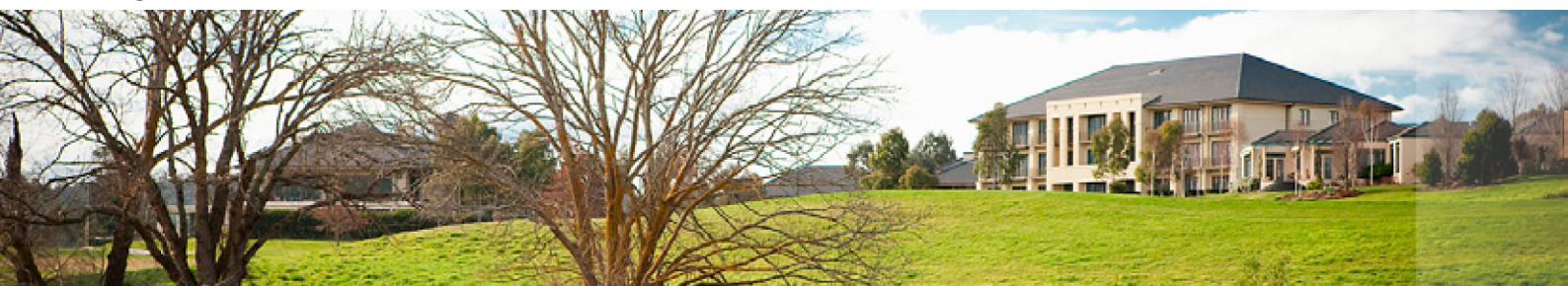


TIME	ACTIVITY	DETAILS	LOCATION
7.00–11.00 pm	Farewell Gala Dinner	Join us for dinner and a final chance to socialise with great friends. Music and entertainment will make for a great night.	Yarra Restaurant
	End of day	Delegates are able to enjoy drinks*, music and song in the Lodge Bar. <i>* Drinks available at bar prices.</i>	Lodge Bar



Friday 28th October 2011

TIME	ACTIVITY	DETAILS	LOCATION
6.30–10.30 am	Breakfast	Breakfast for all delegates and guests.	Bella Restaurant
7.15–7.45 am	Silent Meditation	These sessions will provide a quiet space for the practice of meditation.	Angora Room
8.15–8.45 am	Morning Reflections	Begin each day with a quiet time of reflection and contemplation using music, images and readings to nurture the soul and spirit.	Angora Room
9.00–10.30 am	Workgroup 11 (final) and preparation of reports	All delegates attend allocated workgroup.	Locations to be confirmed
10.30–11.00 am	Morning tea	All delegates and guests. <i>* Please note: All delegates that have not vacated their room, should do so at this time.</i>	Conservatory
11.00–12.30 pm	Final Plenary	Report from workgroups and general assembly. A presentation will be given by the organising committee of the next IWG Meeting in Victoria, Canada 2013.	Marmion 1
12.30–2.00 pm	Lunch	All delegates and guests. A final chance to meet up with friends until the next IWG Meeting in Victoria, Canada 2013.	Conservatory





TIME	ACTIVITY	DETAILS	LOCATION
2.00 pm	Meeting adjourned	Delegates depart.	
2.30 pm	Shuttle Bus departs	<p>The shuttle bus will take delegates back into central Melbourne.</p> <p>The drop-off point is Federation Square on the corner of Flinders and Swanston Streets, Melbourne.</p>	All delegates and guests planning to take the shuttle are to be assembled at bus pick-up point by 2.15 pm.



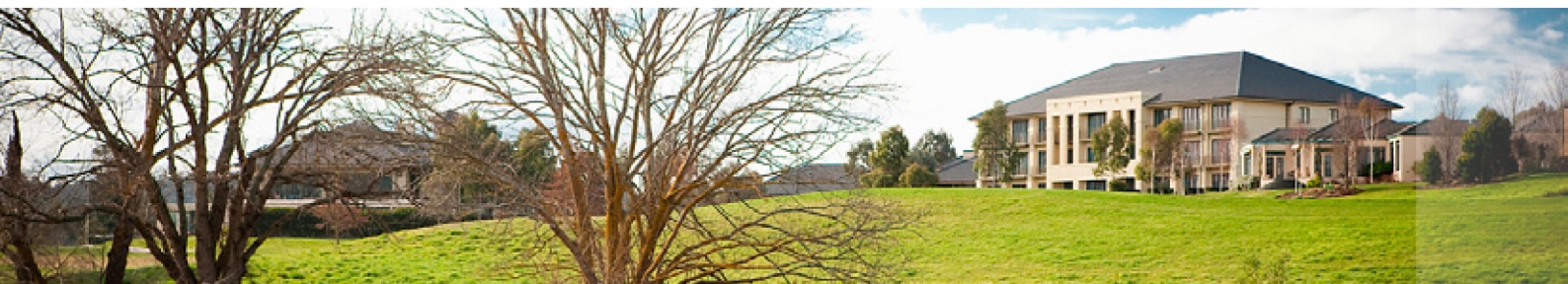
Works in Progress

25th October 2011

6.00–7.30 pm

AUTHOR	TITLE	TIME	LOCATION
Patricia H. Zalaznik	Hospice nurses and lived experiences: Recognising abuse or trauma in patients	6.00 pm	Marmion I
Gerry Cox	Roman Catholic grieving	6.30 pm	
Irene Renzenbrink	“Getting back up is harder than the fall”: An arts-based bereavement case study	7.00 pm	

AUTHOR	TITLE	TIME	LOCATION
Julie Edwards	Society doesn't want us: Supporting people bereaved by suicide	6.00 pm	Elham
Christine Jonas-Simpson, Rose Steele & Elizabeth Davies	Children who grieve and mourn an infant sibling: Building knowledge for bereavement education	6.30 pm	





AUTHOR	TITLE	TIME	LOCATION
Amy Chow	Death with no regrets: The development and initial validation of the Chinese Significant Wish Fulfillment Scale	6.00 pm	Marmion II
Michael Ashby	“Healthy” dying in Tasmania: From oxymoron to social action	6.30 pm	
Nancy Hogan	Development and testing of the Hogan Inventory of Bereavement short-form	7.00 pm	

AUTHOR	TITLE	TIME	LOCATION
Irwin Sandler	Effects of family bereavement program on spousally-bereaved parents	6.00 pm	Bella PDR
An Hooghe	“Cycling around an emotional core of sadness”: Emotion regulation in a couple after the loss of a child	6.30 pm	



Presentations

Hospice nurses and lived experiences: Recognising abuse or trauma in patients

Presented by Patricia H. Zalaznik, PhD

Abundant Resources, Inc., Plymouth, Minnesota, USA.

Drawing upon the intersection of the fields of hospice, nursing and posttraumatic stress disorder (PTSD), this study investigated the lived experiences of hospice nurses in recognising hospice patients who exhibited signs indicative of abuse or trauma from earlier in their lives manifesting as PTSD-type symptoms. Phenomenological interviews were conducted with 15 expert hospice nurses, each of whom had eight or more years of hospice nursing experience. The constant comparative method was used to generate, process, and analyse data from the verbatim interview transcripts. Four emergent themes were revealed.

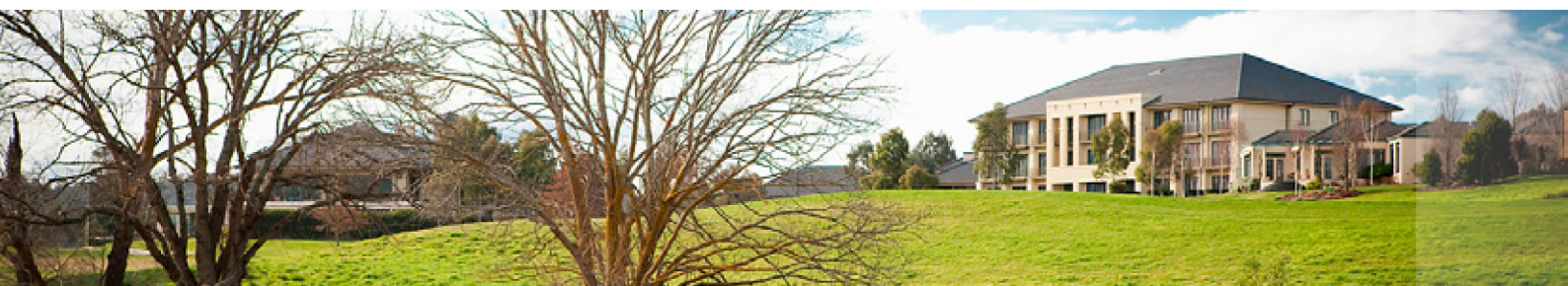
Theme one described patient behaviours that may be indicative of secret keeping regarding former abuse or trauma, and discussed the significance of the life review process in revealing secrets.

Theme two highlighted the existence of current abuse where hospice patients can be either victims or perpetrators, and disclosed the concept of payback.

Theme three, resolution, revealed the importance and value of the nurses' skilled listening activities. Listening became crucial during the process of resolution, particularly when patients sought relief from soul pain, and while supporting patients working toward a peaceful death.

Theme four described the deep and enduring commitment of hospice nurses to humane pain management and patient comfort, the patients' life review process, adequate length of stay in hospice and their own professional growth. Analysis revealed that expert nurses did recognise and appropriately respond to abuse, but did not recognise behaviours of their patients as PTSD-type symptoms because they lack the necessary specific education.

These findings have implications for educating hospice workers. This study can be useful to healthcare providers in serving patients with histories of abuse or trauma and who now exhibit PTSD-type symptoms. Educating hospice nurses about trauma, abuse and PTSD-type symptoms will directly affect the care given to this vulnerable population.





Roman Catholic grieving

Presented by Gerry Cox

*Center for Death Education & Bioethics, University of Wisconsin-La Crosse,
La Crosse, Wisconsin, USA.*

Those who work with individuals facing the end-of-life face cultural, religious, and historical issues in deciding what approaches to use in their relationship with the dying and their families. Traditional Roman Catholics have an approach to spirituality that might make working with them difficult or easier if one has knowledge of their beliefs and practices.

The Roman Catholic Church is a historic and ancient religion; the practices and beliefs have remained consistent over time. The spiritual approach of Roman Catholics is God-centered, includes saints and spirits, and focuses upon a belief in an afterlife.

Facing the end-of-life is not just a medical issue. It is social, psychological and economic as well, but even more, it is a spiritual issue. Understanding the spiritual and religious approach of Roman Catholics and the strengths that come from this approach should become a resource used in giving end-of-life care.





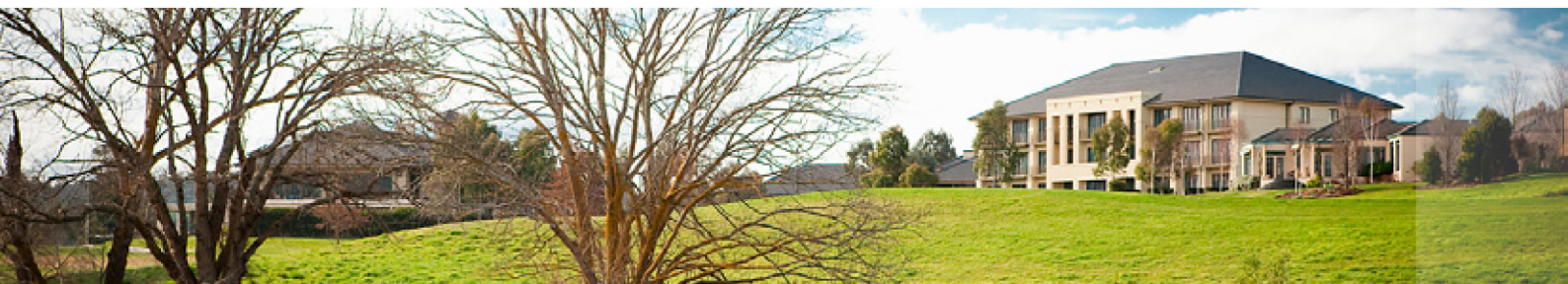
“Getting back up is harder than the fall”: An arts-based bereavement case study

**Presented by Irene Renzenbrink, BA, DipSocStud, MSocAdmin,
AdvDipArtTherapy**

Lakeside Education and Training, Canada.

Through art making, journaling and music, a widow develops a greater intuitive capacity and begins to forge a new identity as a single person, demonstrating the truth of Carl Jung’s words, “Often the hands will solve a mystery that the intellect has struggled with in vain”.

This multimedia presentation will show the healing power of an imaginative therapeutic partnership in which traditional professional boundaries are less rigid. Reciprocity, empowerment, alchemy and the therapist’s “use of self” will be discussed.





Society doesn't want us: Supporting people bereaved by suicide

Presented by Julie Edwards

Jesuit Social Services, Richmond, Victoria, Australia.

There are significant and complex issues when people are bereaved by a death that is stigmatised. Jesuit Social Services, through the Support After Suicide program, has developed an innovative program that responds to the needs of those who are traumatised and stigmatised by the suicide death of a loved one.

This presentation will outline the activities and services provided in the program and what has informed the program development. In addition, the presentation will explore the particular experiences of those who are bereaved by a stigmatised death and how these have influenced the program's development.





Children who grieve and mourn an infant sibling: Building knowledge for bereavement education

Presented by Christine Jonas-Simpson RN, PhD; Rose Steele, RN, PhD; and Elizabeth Davies RN, PhD, FAAN

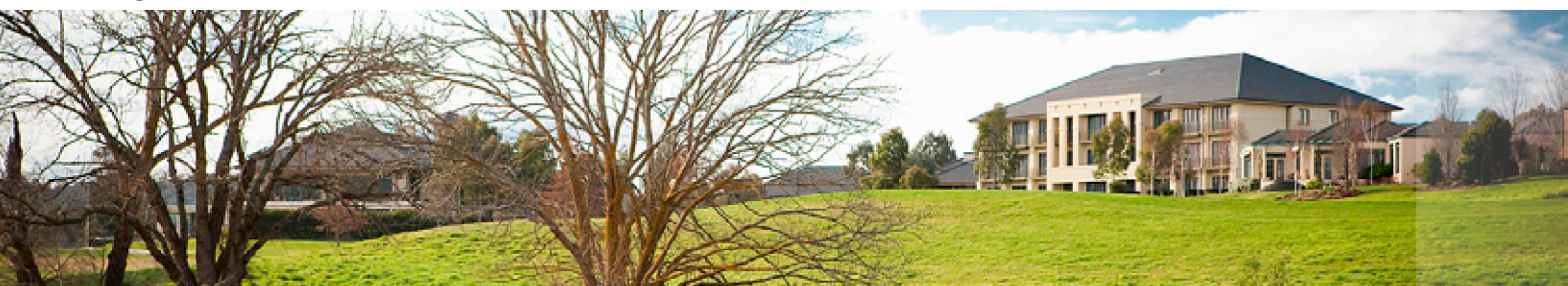
York University and Victoria University, Toronto, Canada.

A paucity of research exists about children's experiences of sibling loss, particularly when the sibling is an infant. Teachers and other school professionals have little evidence on which to base their interactions with bereaved children and the school community.

This research aims to extend the knowledge base of sibling bereavement; contribute knowledge for bereavement education of student teachers, teachers, and other professionals in the elementary to high school community; and create documentaries as a vehicle for meaningful knowledge transfer and knowledge.

As we enter the first phase of our study, that is data collection and production of the full-length research documentary, our objectives in this presentation are to outline our process to date and to invite discussion about the challenges and opportunities we are facing.

The project derives from an earlier short research documentary (18 min) entitled, Why did baby die? Mothering children living with the loss, love and presence of an infant sibling (produced by Jonas-Simpson, 2010), which will be shown to set the stage for our discussion.





Death with no regrets: The development and initial validation of the Chinese Significant Wish Fulfilment Scale

Presented by Amy Chow

The University of Hong Kong, China.

Regret is a commonly reported experience of older adults, having up to 90% prevalence (Wrosch et al., 2007). Chinese concern about regret is usually expressed as a sense of completeness or having a “regretless” life. There is no measurement in the sense of completeness or fulfilment among Chinese people, though this construct is a common concern of older adults and might have correlations with physical and psychological wellbeing.

A three-stage study was thus carried out to develop, validate, and examine the psychometric properties of a measurement on the sense of fulfilment. Study 1 developed a 26-item pool on wish fulfilment through in-depth interviews with 22 older adults. Study 2 reduced the pool to 23 items through validation with a new sample of 315 older adults and examined the internal reliability. Study 3 involved a confirmatory factor analysis (CFA) and examined the test-retest reliability and the convergent validity of the scale with the construct of regret. A five-factor structure model of 23 items was identified through exploratory factor analysis, which accounted for 51.67% of variance.

As informed by the CFA in Study 3, a five-factor 22-item model was the best fit. Internal reliability and test-retest reliability was found to be good. Convergent validity is examined through correlation with the construct of future regret.

The correlation, though statistically significant, is small. CSWFS demonstrates good psychometric properties, but the construct might be slightly different from that of future regrets. Probably, CSWFS addresses a construct that is under-explored but is of importance to older adults and especially to the Chinese community.



“Healthy” dying in Tasmania: From oxymoron to social action

Presented by Michael Ashby

Professor and Director of Palliative Care, Royal Hobart Hospital (STAHS), Department of Health and Human Services (DHHS), and Faculty of Health Sciences, University of Tasmania, Hobart, Tasmania, Australia.

All countries are struggling to respond to the health and social needs of an ageing population, particularly with regard to chronic disease journeys and death preparation.

Although oxymoronic for many people, the “Healthy Dying” initiative in Tasmania is based on the principles of health-promoting palliative care (after Kellehear), and has been developed with the support of the DHHS (Tasmania) and its Palliative Care Clinical Network (PCCN), established in 2008. The work is overseen by the PCCN Steering Committee, and supported by two part-time network officers with diverse backgrounds in philosophy, volunteering and community engagement.

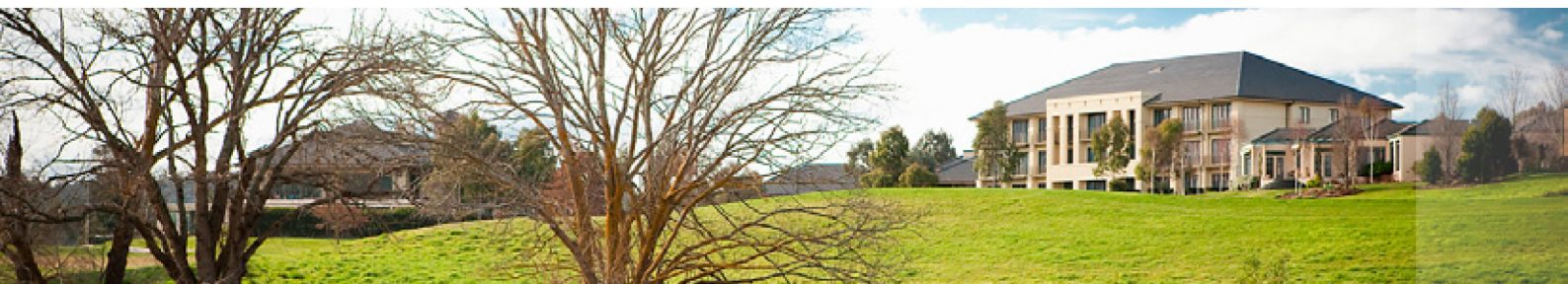
The aim is to improve care and decision-making at the end of life by a broad engagement of the health services, professions and general community in making the state more “death-friendly”. Re-orientation of policy and practice is undertaken to ensure that when cure and life prolongation are no longer possible, services and community supports are deployed to ensure that the dying process is recognised and supported in a realistic and compassionate way.

The initiative has three major items on its current work plan: (i) the Goals of Care project, (ii) design and promotion of an Advance Care Directive for Care at the End of Life, and (iii) various health promotion activities.

The Goals of Care project replaces “not for resuscitation” orders with a novel, more comprehensive medical order form for limitation of medical treatment. The patient’s goals of care are assigned to one of the following three categories: (i) curative/restorative, (ii) palliative, and (iii) terminal, based on full assessment and patient or Person Responsible (substitute decision-maker) consultation. The resultant form is based on a similar one at Austin Health in Melbourne, and the POLST forms in the USA. (For more information, see <http://www.ohsu.edu/polst/>)

The Advance Care Directive for Care at the End of Life has been developed by the Palliative Care Clinical Network and approved by the Clinical Ethics Committee of the RHH/STAHS. Designed to focus on values and unacceptable health outcomes at the end of life, it requires only one witness and can be made by a person responsible on behalf of a person who lacks capacity. (For more information, see <https://clinicalnetworks.dhhs.tas.gov.au/pages/viewpage.action?pageId=11337953>)

At a time where health costs and outcomes are under unprecedented pressure, this initiative has the capacity to improve quality of care and avoid the deployment of wasteful medical treatment that, in so many situations, only results in a prolongation of the dying process, with negative consequences for patients and the grief of family and friends.





Development and testing of the Hogan Inventory of Bereavement short-form

Presented by Nancy S. Hogan PhD, RN, FAAN

Distinguished Professor Director of Research, Niehoff School of Nursing, Loyola University Chicago, Maywood, Illinois, USA.

Contributing authors: Lee A. Schmidt, PhD, RN and Nancy Camp, RN, MSN
Niehoff School of Nursing, Loyola University Chicago, Maywood, Illinois, USA.

Purpose of study: The purpose of this study is to provide data on the development, reliability and validity testing of a short form of the Hogan Inventory of Bereavement (HIB).

Significance: The original 46-item HIB is the only instrument available to measure child and adolescent bereavement. Its length, however, is burdensome for use in studies using multiple instruments. The HIB sort form (HIB-SF) was developed to reduce response burden for bereaved children and adolescents involved in research.

Method: Survey data were collected from bereaved adolescents between ages 8–18 whose brother or sister died due to cancer. Data were collected at six months after the death. Analysis of data for this presentation used the data collected at the six-month time point.

Analysis: Psychometric testing was done to assess the reliability and convergent and divergent validity of the HIB and to assess the comparability of the psychometrics of the original HIB compared to the HIB-SF psychometrics

Findings: The high levels of evidence of reliability and validity in this preliminary testing indicates that the HIB-SF is comparable to the original HIB in terms of its sensitivity and effectiveness to measure the children and adolescent bereavement process.

Implications for practice: It is anticipated that the strong psychometric evidence for the 20-item HIB-SF will increase the utility of the instrument by reducing the response burden for child and adolescent respondents. The shortened HIB will encourage researchers to measure child and adolescent grief directly. Currently, it is common to use depression instruments instead of grief measures to assess efficacy of grief intervention studies. The availability of the HSIB-SF will increase the bereavement instruments available to study this vulnerable population and to test empirically derived bereavement theory.





Effects of family bereavement program on spousally-bereaved parents

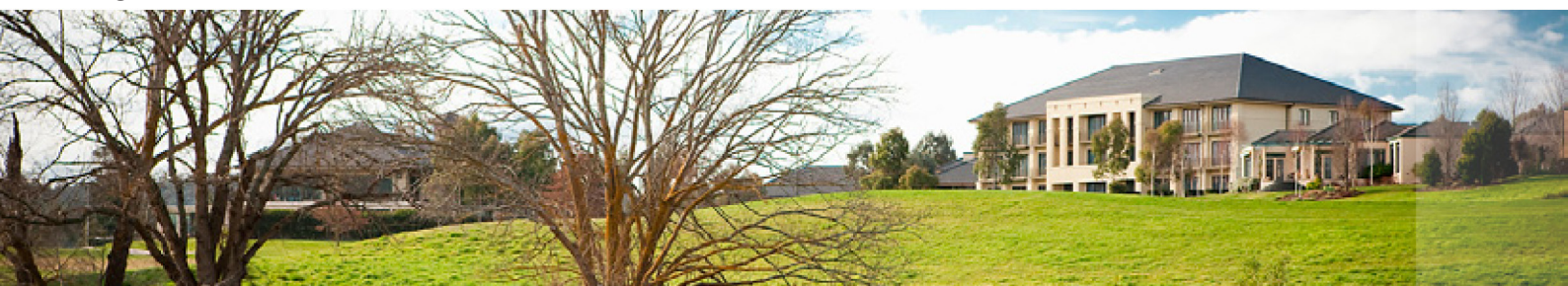
Presented by Irwin Sandler

Director of the Prevention Research Center and the Program for Prevention Research, Arizona State University, Tempe, Arizona, USA.

The Family Bereavement Program was designed to promote positive adjustment of children and their surviving parent following the death of a parent. The program consists of 12 group sessions, with separate groups for the children and the parents.

The program has been evaluated using a randomised experimental design with follow-up evaluations up to six years later. The prior evaluations have focused primarily on the program effects to improve the wellbeing of bereaved children. Our more recent work has focused on understanding program impact on the parent.

This presentation will first describe the content of the parenting groups. It will then present findings concerning the effects of the program to reduce parental depression, grief, substance abuse and coping six years later. Finally, the presentation will address the issue of what are the processes by which the program affects parental wellbeing over six years.





“Cycling around an emotional core of sadness”: Emotion regulation in a couple after the loss of a child

Presented by An Hooghe

University Hospital Leaven, Belgium.

In contrast to the traditional view of working through grief by confronting it, recent theories have emphasised an oscillating process of confronting and avoiding the pain of loss. In this qualitative study, we sought a better understanding of this process by conducting a detailed case study of a bereaved couple after the loss of their infant daughter.

We employed multiple data collection methods (using interviews and written feedback) and an intensive auditing process in our thematic analysis, with special attention to a recurrent metaphor used by this bereaved couple in describing their personal and relational experience.

Our findings suggest the presence of a dialectic tension between the need to be close to the deceased child and the need for distance from the pain of the loss, which was evidenced on both individual and relational levels. For this couple, the image of “cycling around an emotional core of sadness” captured their dynamic way of dealing with this dialectic of closeness and distance.





Posters

Stressful life events, sense of coherence, self-compassion and engagement with the health care provider in a multisite international study

Inge Corless

MGH Institute of Health Professionals, USA.

Stressful life events, sense of coherence, self-compassion and engagement with the health care provider have an impact on adherence to medications, but do not have the same relationships in all countries.

In this research, we examined these relationships in Canada, China, Namibia, Puerto Rico, Thailand and the United States. The findings of this study will be shared in the presentation. While the study was completed with individuals engaged in HIV care, the question is: do these results teach us anything of interest to those involved in palliative/hospice care?



Testing the psychometric properties of the Continuing Bonds Inventory (CBI)

Nancy S. Hogan PhD, RN, FAAN

Distinguished Professor Director of Research, Niehoff School of Nursing, Loyola University Chicago, Maywood, Illinois, USA.

Contributing authors: Lee A. Schmidt, PhD, RN and Nancy Camp, RN, MSN
Niehoff School of Nursing, Loyola University Chicago, Maywood, Illinois, USA.

Purpose of study: The purpose of this poster presentation is to provide data on the development and psychometric testing of the Continuing Bonds Inventory.

Instrument item development: The development of the CBI items was derived using data from three studies. Findings from the first study were obtained from 156 bereaved adolescents ages 13–18 who wrote responses to the question, “If you could ask or tell your dead sibling something what would it be?” The majority of participants used the words “I miss you” and/or “I love you” and described the continuing presence of the sibling in their lives. These findings were present regardless of the time elapsed since death (Hogan & DeSantis, 1992). Next, to test the generalisability of findings we conducted two studies with bereaved parents who provided responses to the question, “If you could ask or tell your dead child something what would it be?” Findings from the adult studies replicated findings from the adolescent study and the CBI items were generated.

Psychometric testing: The psychometric testing will be presented to assess the reliability and validity of the CBI with a group of bereaved children whose deceased loved one included parents, siblings, and other relatives and friends. Additional data will be presented for bereaved adults who had experienced the death of a relative; the majority of the participants were women whose husband had died, followed by bereaved parents.





Psychological and biochemical evaluations of meditation

Sadako Tokumaru

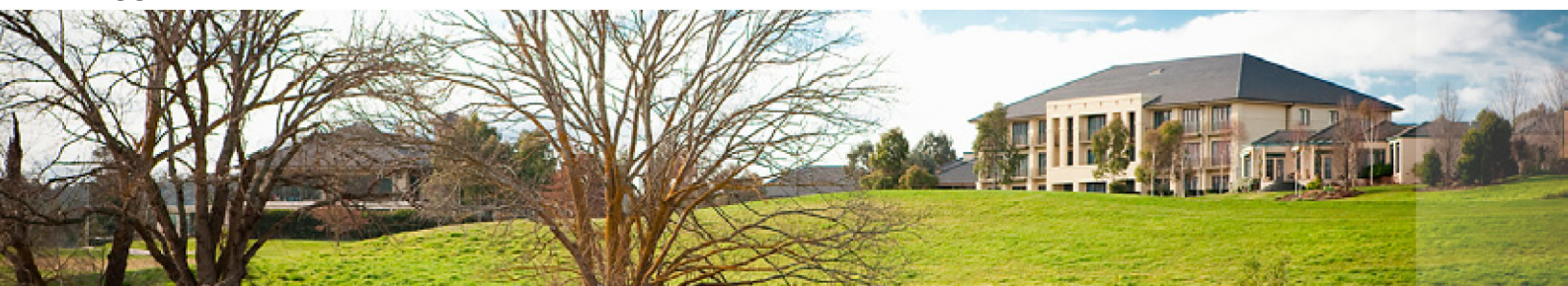
Joetsu University of Education, Niigata, Japan.

This study evaluates psychological and biochemical effects of image-induced meditation on elementary and college students, a largely unexplored or unreported area.

Our first study compared a group of eight volunteer meditators with a control group of eight non-meditators. The meditation group meditated twenty minutes each Monday morning for eight months, while the control group conducted daily life as usual. We measured both groups on the first day of the study and eight months later, using psychological tests and saliva Amylase activity (AMY) and Immunoglobulin A (SIgA). After eight months, the meditation group's sense of spirituality increased significantly, while physiologically, their AMY decreased and SIgA increased significantly after meditation. This suggests that their meditation reduced stress and increased immunity.

Our second study examined 22 public school children in third grade, for whom ethical considerations precluded physiological testing and control group comparisons. We trained them to practice breath control and body-scan meditation for five minutes thrice a week over the course of one month. Their psychological results showed significant increases in concentration, frankness, and independence, but a corresponding decrease in cooperative study.

The effects of meditation have been experientially verified for millennia, but only recently scientifically researched; even fewer studies evaluate both psychological and biochemical effects. Our studies suggest that meditation increases physical as well as mental health, decreases stress, and may significantly affect children's character formation. We have not yet been able to measure the effects of meditation on bereavement or grief care, but we hope to do so in the foreseeable future.





Meeting Participants

IWG Members

Dr Thomas Attig
Bowling Green State University
Canada
Email: tattigca@earthlink.net

Dr Gerry Cox
USA
Email: cox.gerr@uwlax.edu

Dr Leslie Balmer
Fleming Vigna Balmer
Canada
Email: lbalmer@rogers.com

Dr Elizabeth Davies
University of Victoria
Canada
Email: daviesb@uvic.ca

Prof. Regina Bousso
University of Sao Paulo
Brazil
Email: szylit@usp.br

Prof Alfons Deeken
Honorary President of the Japanese Association for
Death Education
Japan
Email: alfons@deeken.de

Dr Philip Carverhill
Carverhill Counselling and Consulting
Canada
Email: dr.phil.carverhill@shaw.ca

Dr Kenneth Doka
The College of New Rochelle
USA
Email: kndok@aol.com

Prof. Cecilia L. W. Chan
The University of Hong Kong
Hong Kong
Email: cecichan@hku.hk

Mrs Julie Edwards
Jesuit Social Services
Australia
Email: julie.edwards@jss.org.au

Mrs Faye Chan
Society for the Promotion of Hospice Care
Hong Kong
Email: fayechan@hospicecare.org.hk

Dr Stephen Fleming
York University
Canada
Email: stephen.fleming1@me.com

Dr Amy Chow
The University of Hong Kong
Hong Kong
Email: chowamy@hku.hk

Prof Maria-Helena Franco
Pont Catholic University
Canada
Email: mhfranco@pucsp.br

Prof. Inge Corless
MGH Institute of Health Professionals
USA
Email: icorless@MGHIHP.edu

Mr Christopher Hall
Australian Centre for Grief and Bereavement
Australia
Email: c.hall@grief.org.au

Rev David Head
England, UK
Email: david@davidhead.plus.com

Dr Nancy Hogan
Loyola University Chicago
USA
Email: nancyhogan1@mac.com

Mrs Constance Holden
Boulder Community Hospital
USA
Email: choldensmith@aol.com

Ms Britt Hysing-Dahl
Norway
Email: dbh-dahl@online.no

Mrs Chikako Ishii
TELL Counselling Centre
Japan
Email: shiis@sa2.so-net.ne.jp

Very Rev Dr Kjell Kallenberg
Orebro University Hospital
Sweden
Email: kallenberg@profide.se

Dr Rana Limbo
Gundersen Lutheran Medical Foundation Inc.
USA
Email: rklimbo@gundluth.org

Dr William (Scott) Long
CT Hospice/Yale Medical School
USA
Email: wscott.long@yale.edu

Dr Ruth Malkinson
Tel Aviv University/Israeli Center for REBT
Israel
Email: malking@agri.hujiac.il

Mrs Dianne McKissock
Bereavement Care Centre
Australia
Email: Diannemckissock@mac.com

Mr Mal McKissock
Bereavement Care Centre
Australia
Email: malmckissock@mac.com

Dr Herman Meijburg
New Zealand
Email: hermanmeijburg@live.com

Prof. Robert Neimeyer
University of Memphis
USA
Email: neimeyer@mac.com

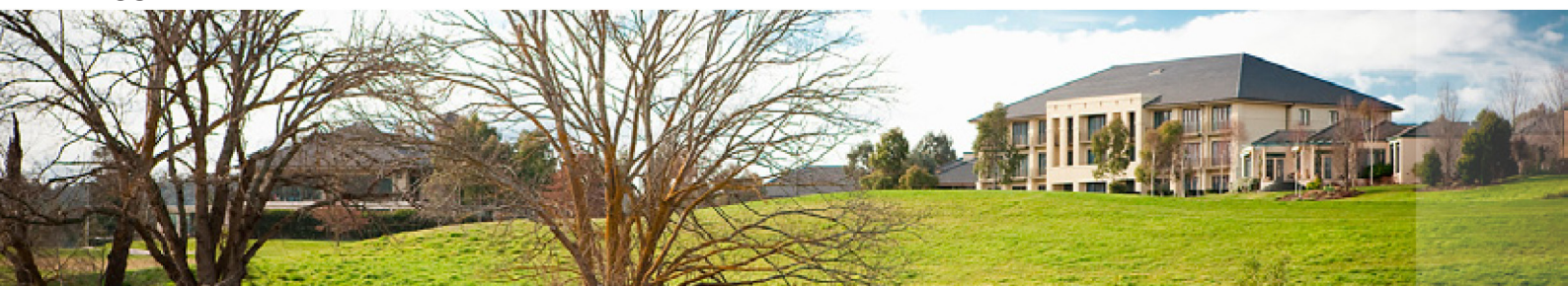
Sr Margaret Noone
Very Special Kids
Australia
Email: mnoone@vsk.org.au

Dr Colin Murray Parkes
St Christopher's Hospice
England, UK
Email: cmparkes@aol.com

Dr Therese Rando
The Institute for the Study and Treatment of Loss
USA
Email: tarando@cox.net

Mrs Irene Renzenbrink
Lakeside Education and Training
Canada
Email: irenz@yahoo.com

Mrs Astrid Ronsen
Hospice Forum Norway
Norway
Email: astrid@communicare.no





Mr Fritz Roth
PÜTZ-ROTH Bestattungen und Trauerbeglei-
tung
Germany
Email: fritz.roth@puetz-roth.de

Dr Sadako Tokumaru
Joetsu University of Education
Japan
Email: tokumaru@juen.ac.jp

Dr Louise Rowling
University of Sydney
Australia
Email: louise.rowling@sydney.edu.au

Dr Janice Winchester Nadeau
Minnesota Human Development Consultants
USA
Email: nadea007@umn.edu

Dr Simon Shimshon Rubin
University of Haifa
Israel
Email: sirubin8@gmail.com

Dr Prof. Joachim Wittkowski
University of Wuerzburg
Germany
Email: j.wittkowski@psychologie.uni-wuerzburg.de

Prof. Irwin Sandler
Arizona State University
USA
Email: irwin.sandler@asu.edu

Dr Carol Wogrin
Mount Ida College
USA
Email: cwogrin@gmail.com

Dr Donna Schuurman
The Dougy Centre
USA
Email: donna@dougy.org

Mr Robert Wrenn
University of Arizona
USA
Email: bobwrenn7@comcast.net

Prof Neil Small
University of Bradford
England, UK
Email: N.A.Small@bradford.ac.uk

Mrs Marcy Wrenn
USA
Email: pianoclay@comcast.net

Dr Michael Stevens
The Childrens Hospital at Westmead
Australia
Email: michaels@chw.edu.au

Dr Patricia Zalaznik
Abundant Resources
USA
Email: zalaz002@comcast.net

Ms Yoshiko Suzuki
Grief Counseling Centre Toyko
Japan
Email: yoshiko@inter.net

Dr Zbigniew Zylicz
Hildegard Hospiz
Switzerland
Email: ben.zylicz@hildegard-hospiz.ch

Dr Neil Thompson
Avenue Consulting Ltd
Wales, UK
Email: neil.avenueconsulting.co.uk



Member Candidates

Dr Sylvia Brathuhn
Frauenselbsthilfe nach Krebs e.V.
Germany
Email: s.brathuhn@frauenselbsthilfe.de

Dr Chun-Kai Fang
MacKay Memorial Hospital
Taiwan
Email: fang0415@yahoo.com.tw

Mrs An Hooghe
University Hospital Leaven
Belgium
Email: An.Hooghe@uzleuven.be

Dr Mark Lamers
Sempervirens Hospital
USA
Email: mlamers@earthlink.net

Dr Howard Winokuer
The Winokuer Center for Counseling and Healing
USA
Email: hwinokuer@carolina.rr.com

Invited Guests

Dr June Allan
RMIT University
Australia
Email: june.allan@rmit.edu.au

Prof. Michael Ashby
Department of Health Tasmania
Australia
Email: michael.ashby@dhhs.tas.gov.au

Molly Carlile
Austin Health
Australia
Email: molly@mollycarlile.com

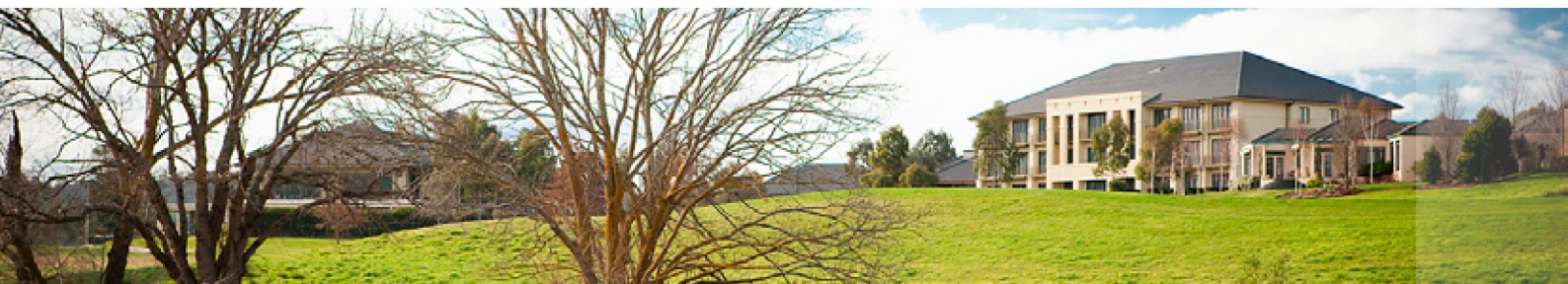
Mr Peter Coupland
Peter Coupland and Associates
Australia
Email: peter@bereavementsupport.com.au

Mrs Linda Espie
Private Practice
Australia
Email: lmespie@optusnet.com.au

Dr Christine Jonas-Simpson
York University
Canada
Email: jonasimp@yorku.ca

Prof. Elizabeth Lobb
Calvary Health Care Sydney
Australia
Email: Liz.Lobb@sesiahs.health.nsw.gov.au

Mr Wayne Lynch
Australian Centre for Grief and Bereavement
Australia
Email: w.lynch@grief.org.au





Prof. Chi-Yun Lin
National Taipei University of Nursing and Health
Science
Republic of China
Email: chiyun@ntunhs@edu.tw

Dr Diana Sands
Bereaved by Suicide Service
Australia
Email: dianasands@bereavedbysuicide.com.au

Mr Danny Nugus
Newcastle Department of Forensic Medicine
Australia
Email: Danny.Nugus@hnehealth.nsw.gov.au

Dr Odette Spruyt
Peter MacCallum Cancer Centre
Australia
Email: odette.spruyt@petermac.org

Dr Yosef Dedy Pradipto
Rachel House Foundation
Indonesia
Email: dedy@rachel-house.org

Dr Rose Steele
York University
Canada
Email: rsteele@yorku.ca

Mr Greg Roberts
Australian Centre for Grief and Bereavement/
Private practice
Australia
Email: g.roberts@grief.org.au

Ms Kristine Trevaskis
State Coroners Office Western Australia
Australia
Email: Kristine.Trevaskis@justice.wa.gov.au

Mrs Sue Salau
Clarinda Consulting
Australia
Email: s.salau@hotmail.com



General Information

Contacts

Sebel Heritage Yarra Valley: (03) 9760 3333 (within Australia)
Christopher Hall: 0419 381 377
Danielle Ricato: 0439 430 172

In case of emergency

Please refer to evacuation procedure information located in your accommodation room.
For emergency services, call 000 or contact Reception.

Facilities

Reception

For your convenience a 24 hour reception desk is available.

Internet access

Wired internet access can be purchased for access within your room, and wireless throughout the hotel. There are three complimentary computers available in the pre-function area. There is also a printer available for your convenience.

If you require extensive printing services, please see Danielle Ricato and she can make the arrangements for you.

Lodge Bar

The Lodge Bar is located opposite the Bella Restaurant and will remain open for you to enjoy a drink after the days activities. Drinks can be purchased at bar prices. There is also a piano and guitar available for your enjoyment.

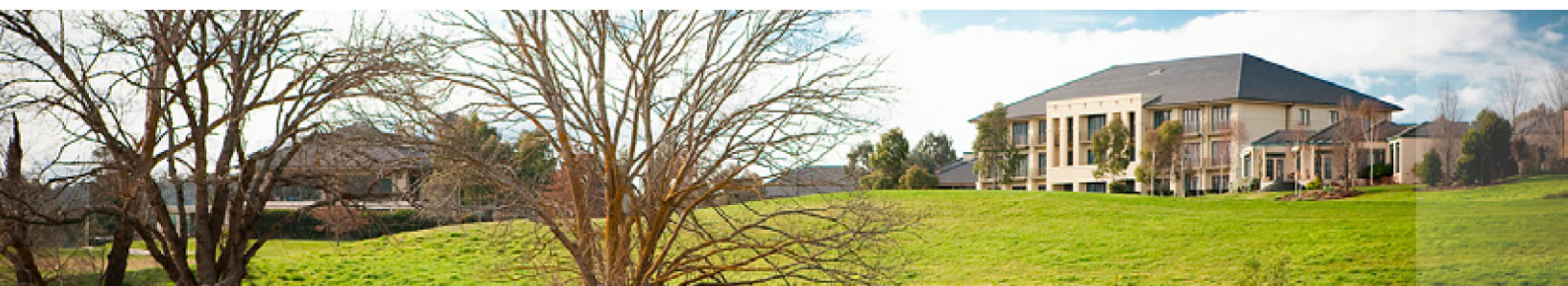
Hotel check-out time

Your room must be vacated by 11.00 am on Friday 28th October. Please use the morning tea break to finalise your accommodation departure, if you have not done so previously. The hotel is more than happy to store your luggage until your departure.

Shuttle bus into Melbourne

At the conclusion of the IWG Meeting, we have arranged for a shuttle bus to take delegates into central Melbourne. The bus will depart the venue at 2.30 pm and is expected to arrive in Melbourne at approx. 3.30pm. The drop off point is Federation Square, located on the corner of Flinders and Swanston Streets, Melbourne. This is a good central point for delegates wanting to remain in Melbourne, and for those making the journey back out to the airport taxis are readily available from this point.

For those delegates that are leaving the meeting early, please contact the hotel concierge for assistance with booking taxis, limousines or bus transfers.





Meal Times

Breakfast	A full buffet breakfast will be served in the Bella Restaurant every morning between 6.30am – 10.30am.
Morning tea	This will be served in the Conservatory at 10.30am each morning.
Lunch	Each day lunch can be enjoyed in the Conservatory at 12.30pm.
Afternoon tea	Each afternoon this will be served in the Conservatory.
Dinner	Most dinners will be served in the Yarra Restaurant. Please check your handbook schedule for dinner times each night.

Excursion Options

As part of the weeks program, there will be an opportunity to experience some local culture, wildlife and scenery.

On the afternoon of Wednesday 26th October, we have arranged a number of sightseeing options that we hope you will enjoy.

Unfortunately due to an unforeseen visit by Her Majesty the Queen to Melbourne on that same afternoon, we have had to make a change to one of the original excursions offered.

We are asking that all delegates confirm their choice for the afternoon excursion. There will be a list available, outside Bella Restaurant, for delegates to add their name to. We ask that this is done by Monday evening.

The excursion options currently are as follows.

Healesville Sanctuary Visit

Healesville Sanctuary is one of Australia's most acclaimed wildlife sanctuaries. Showcasing more than 200 species of Australian wildlife, the Sanctuary is a fantastic location to view native animals in their natural habitat.

Located just thirty minutes from the Sebel Heritage, tucked into the foothills of the stunning Yarra Valley, the Sanctuary's 30 hectares of bushland provides a distinctly Australian setting. Here visitors can experience close-up encounters with some of Australia's most unique and captivating wildlife, including koalas, kangaroos, wombats, emus, dingoes, birds of prey and platypuses. Immerse yourself in Australian fauna and flora at its very best!



Yarra Valley Winery Visit

Discover the scenic Yarra Valley on a private winery visit with a vineyard experience. Our private group will visit two wineries for tastings and enjoy afternoon tea with a glass of wine and at an award-winning restaurant offering lovely views across the vineyards and Yarra Valley.

The day includes a guided tour of the world-renowned wine estate, Domaine Chandon, which will explain the winery's specialised winery process and the art of blending. Finish this leisurely afternoon with a glass of sparkling or still wine overlooking vineyard vistas.

It's a great way to spend an afternoon while relaxing in lovely scenic surroundings.

** Please note there are a limited number of places available for this option.*

TarraWarra Museum of Art and the Healesville Glassblowing Studio

TarraWarra Museum of Art, our first stop, is a privately funded public art gallery set in the picturesque Yarra Valley. The gallery focuses on Australian art from the mid-twentieth century to the present day and has an ever-changing roster of exhibitions. The exhibitions that will be on at the time of our visit will be:

William Delafield Cook — A Survey

This exhibition focuses upon Cook's landscape painting and includes a number of works from TarraWarra's collection and works on loan. This timely survey unites works from over a thirty year period, to provide a compelling document on the work of one of Australia's most acclaimed and accomplished artists.

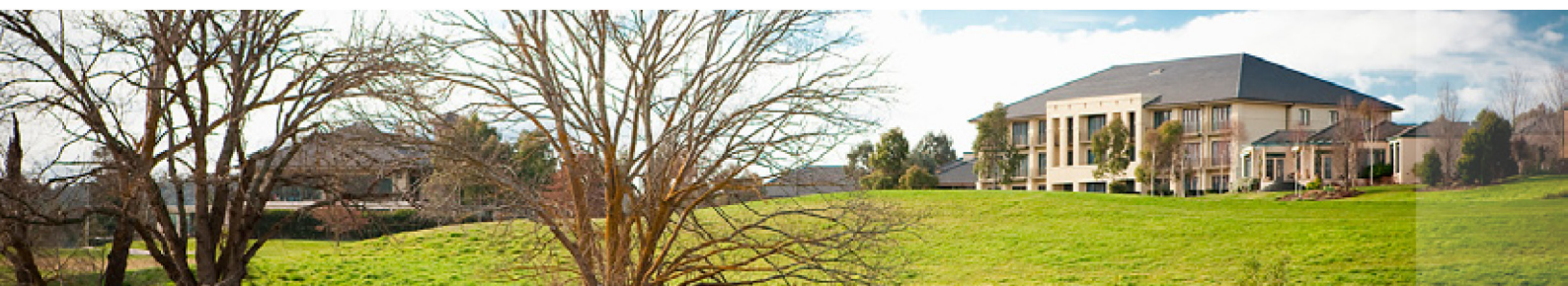
Jacqueline Mitelman — Facetime

Jacqueline Mitelman has been a portrait photographer since the mid-1970s. She recently received long overdue recognition when she was awarded the *2011 National Photographic Portrait Prize*. This exhibition of some thirty works will investigate the development of her portraiture over three decades.

After our visit to this beautiful space, we then journey on to the Healesville Glassblowing Studio where we spend an hour watching internationally renowned artists at work in the ancient art of glass blowing.

Evening dinner

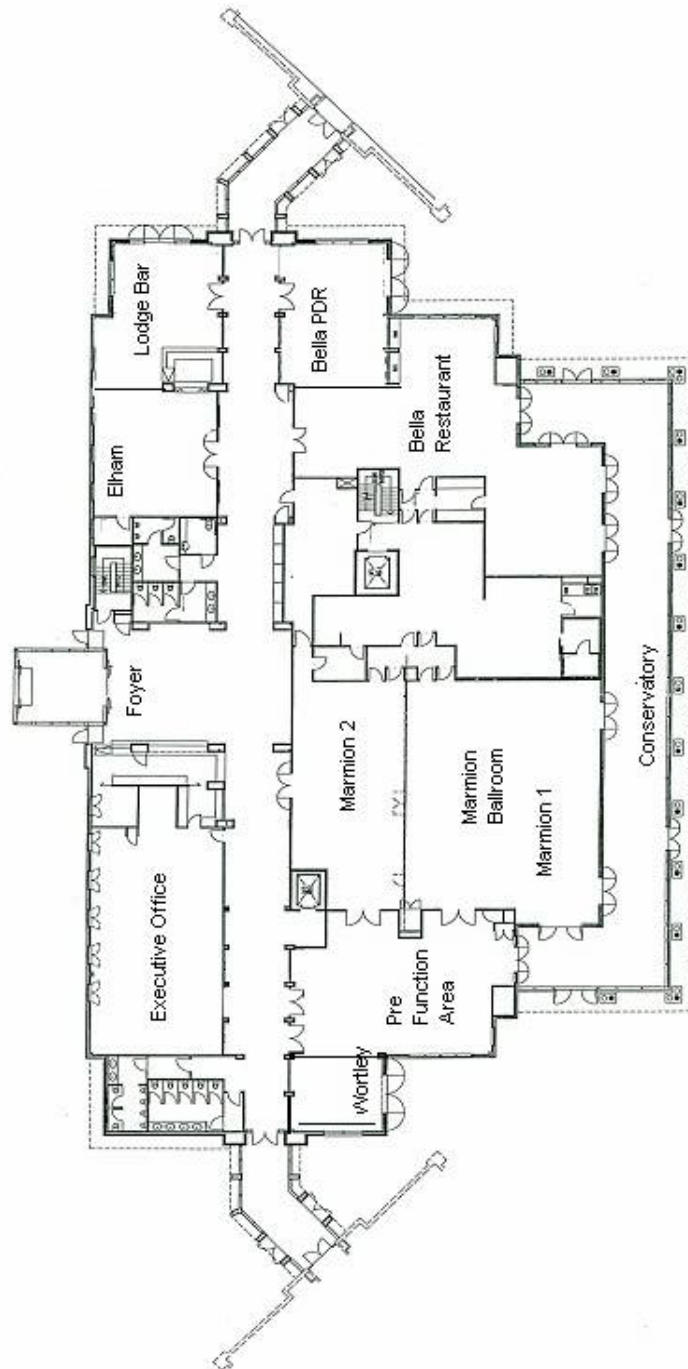
All groups will then meet at the Healesville Sanctuary for an evening of fun, entertainment and to enjoy the taste of a great Australian BBQ in a natural bushland setting.



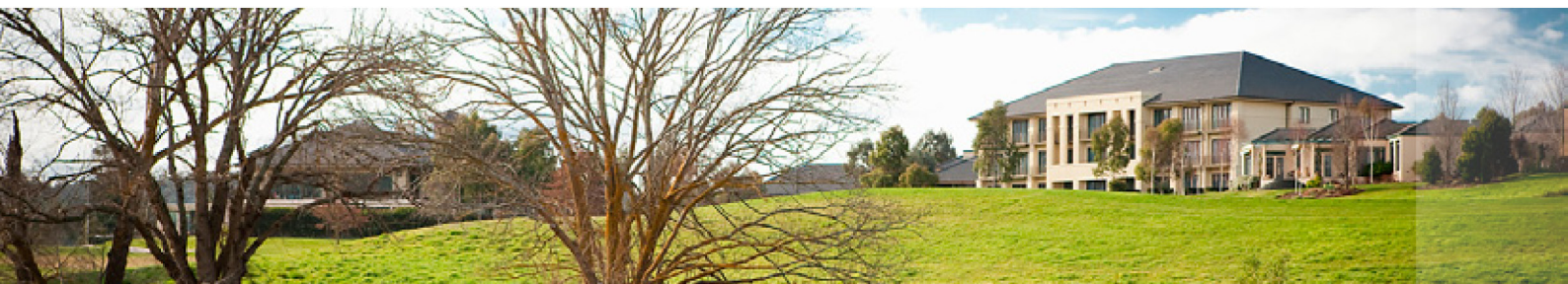
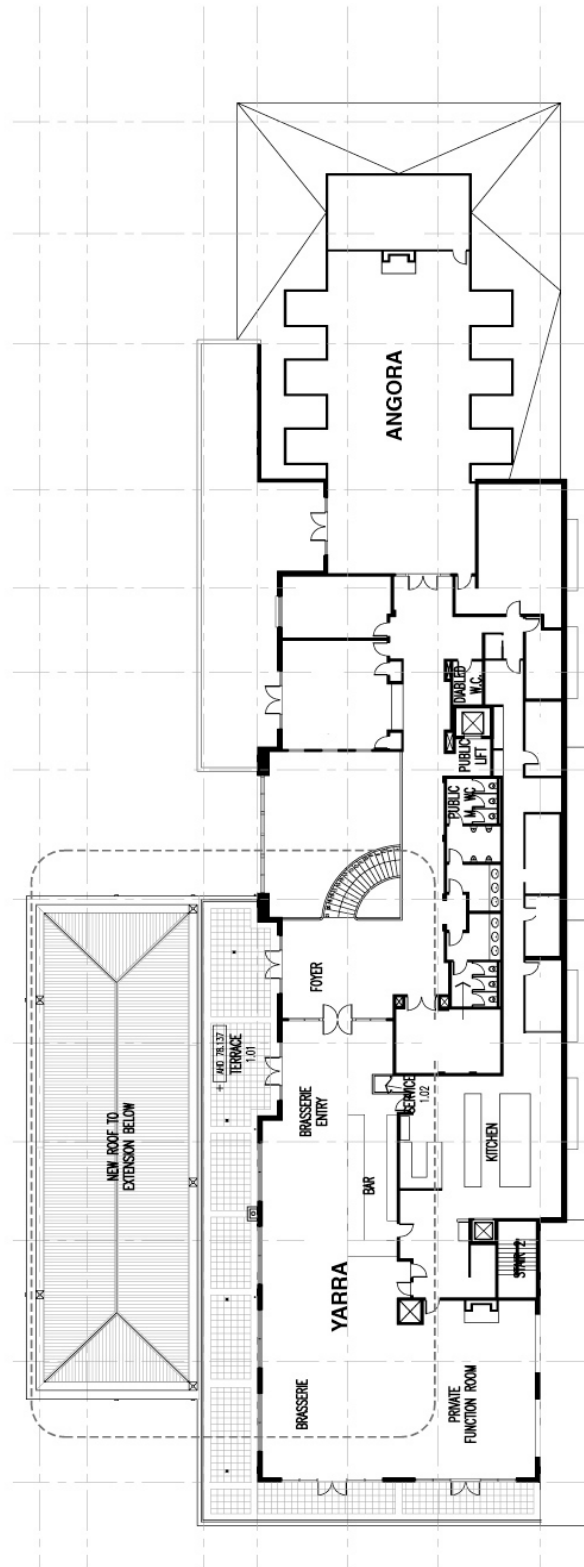


Maps

Hotel Floor Plan



Club House





Property Map



- FISHING
- CANOEING
- WETLANDS
- DRIVING RANGE
- PUTTING GREEN
- CLUBHOUSE
- THE ST JOHN GOLF COURSE
- THE HENLEY GOLF COURSE
- CYCLING TRACKS
- WALKING TRACKS
- BELLA RESTAURANT
- THE RETREAT & THE SPA
GYM & TENNIS COURTS
- CONFERENCE CENTRE
- THE SEBEL HERITAGE YARRA VALLEY
(YOU ARE HERE)
- HERITAGE MAIN ENTRY

Please note that the unshaded section of the property is restricted for Golfer Only access. All non Golf Playing Guests are unauthorised to access these areas, and should stay within the shaded section for their own safety.

www.hgcc.com.au Heritage Avenue, Wonga Park, Victoria 3115 Australia Melways Reference 279 p: +61 3 9760 3333 enquiries@hgcc.com.au

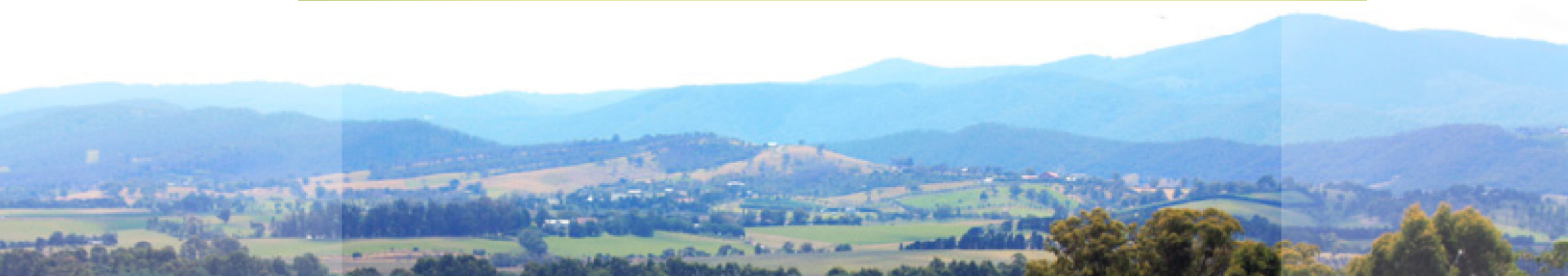
HERITAGE
AUSTRALIA'S #1 GOLF AND COUNTRY CLUB

THE RETREAT
at The Heritage
Yarra Valley

THE SPA
at The Heritage
Yarra Valley

bella

THE SEBEL
HERITAGE
YARRA VALLEY



Lost
by Andrew Barton “Banjo” Patterson, late 1800s

‘He ought to be home,’ said the old man, ‘without there’s something amiss.

He only went to the Two-mile — he ought to be back by this.

*He WOULD ride the Reckless filly, he WOULD have his wilful way;
And, here, he’s not back at sundown — and what will his mother say?*

*‘He was always his mother’s idol, since ever his father died;
And there isn’t a horse on the station that he isn’t game to ride.*

*But that Reckless mare is vicious, and if once she gets away
He hasn’t got strength to hold her — and what will his mother say?’*



*The old man walked to the sliprail, and peered up the dark’ning track,
And looked and longed for the rider that would never more come back;
And the mother came and clutched him, with sudden, spasmodic fright:*

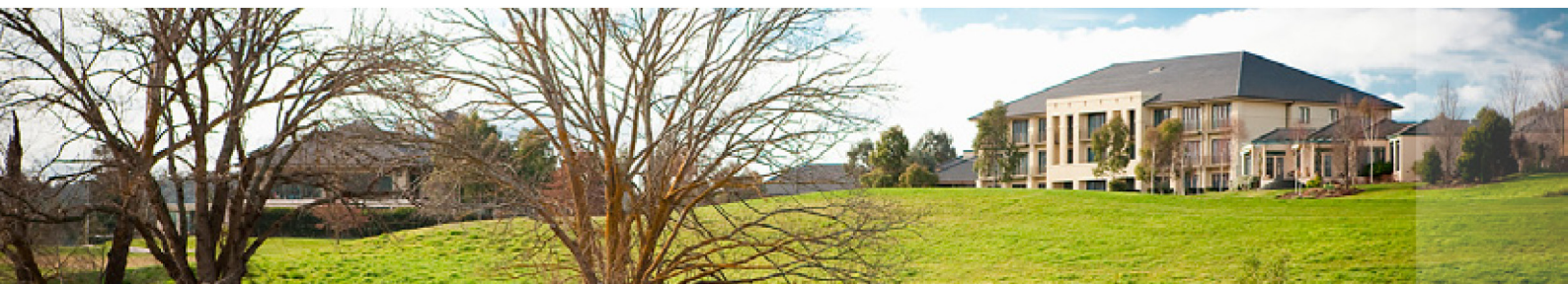
‘What has become of my Willie? — why isn’t he home to-night?’

Away in the gloomy ranges, at the foot of an ironbark,

The bonnie, winsome laddie was lying stiff and stark;

For the Reckless mare had smashed him against a leaning limb,

And his comely face was battered, and his merry eyes were dim.





*And the thoroughbred chestnut filly, the saddle beneath her flanks,
Was away like fire through the ranges to join the wild mob's ranks;
And a broken-hearted woman and an old man worn and grey
Were searching all night in the ranges till the sunrise brought the day.*

*And the mother kept feebly calling, with a hope that would not die,
'Willie! where are you, Willie?' But how can the dead reply;
And hope died out with the daylight, and the darkness brought despair,
God pity the stricken mother, and answer the widow's prayer!*

*Though far and wide they sought him, they found not where he fell;
For the ranges held him precious, and guarded their treasure well.
The wattle blooms above him, and the blue bells blow close by,
And the brown bees buzz the secret, and the wild birds sing reply.*



*But the mother pined and faded, and cried, and took no rest,
And rode each day to the ranges on her hopeless, weary quest.
Seeking her loved one ever, she faded and pined away,
But with strength of her great affection she still sought every day.*

*'I know that sooner or later I shall find my boy,' she said.
But she came not home one evening, and they found her lying dead,
And stamped on the poor pale features, as the spirit homeward pass'd,
Was an angel smile of gladness she — had found the boy at last.*





Notes

